



# 2023 Point Pleasant Youth Football and Cheer Parent/Guardian Information Packet



Welcome to Point Pleasant Youth Football and Cheer! Following is a brief explanation of what to expect once sign-ups have been completed. Please keep it as a reference. PPYFC involves the youth of Bay Head, Lavallette, Mantoloking, Point Pleasant and Point Pleasant Beach in a football and cheerleading program designed to benefit the children. It is a volunteer organization that relies heavily on parent participation. This has been an integral part of our success, and your help is greatly appreciated! PPYFC is committed to excellence; motivating and challenging participants through a partnership of players, cheerleaders, coaches, parents and community. The program will always be about the players and cheerleaders with the understanding that a combination of hard work and positive attitudes make for a successful season. Our commitment to our local communities will be forthright and honest via our communication, individual and program-wide integrity, responsibility and sportsmanship.

## PRE-SEASON REQUIREMENTS AND DEADLINES

**Physicals:** Every participant must have a physical prior to the first day of practice. Physicals obtained by your own pediatrician must state that the child is able to participate in tackle football, flag football or cheerleading and be dated no earlier than January 1, 2023. All physicals must be on a JSAYFC Medical Clearance Form, which can be found on the PPYFC website in the “Forms” section. PPYFC requires the original-signature Medical Clearance Form, copies will not be accepted. **NO ONE CAN PARTICIPATE ON THE FIRST DAY OF PRACTICE WITHOUT MEDICAL CLEARANCE.**

**Bond Checks:** Three checks, per child, need to be issued to PPPYFC.

1. A work bond check for \$350.00 for all levels of football and cheer
2. A uniform/equipment bond check for \$300.00 (tackle football) or \$200.00 (cheer)
3. A tagging bond check for all football and cheer levels \$200.00

All bond checks should be made payable to PPPYFC **and post-dated December 1, 2023.** Checks must be received before participants will be issued their uniforms and/or equipment. At the end of the season, if all work obligations have been met and all uniform pieces have been returned, the bond checks will be returned. Bond checks need to include the child's full name and team i.e. MM 7/8, D12, etc. A separate check is required for each bond and each child.

**Registration Fees:** The 2023 registration fees are as follows:

<b>Tackle &amp; Flag Football</b>	Tackle	<b>\$300</b> (uniform cost is separate - \$125.00 for Game Day Jersey, Pants & Duffle Bag)
	Flag	<b>\$150</b> (includes a Personalized Game Day Jersey to keep)

<b>Cheer</b>			
<b>Game Day</b>	\$200		
<b>Competitive</b>	\$400		
<b>Flag</b>	\$200		

**Registration Fee Refunds:** If your child decides not to participate, notification must be made in writing to the Director of Football or Cheer for a refund. Written request must be made by **August 15, 2023** and can be emailed to [ptpleasantyfc@gmail.com](mailto:ptpleasantyfc@gmail.com). The Refund Form can be found in the “Forms” section on the PPYFC website. **NO REFUNDS WILL BE GIVEN AFTER AUGUST 15, 2023.**

**FUNDRAISING:**

PPYFC is a non-profit organization that is dependent upon donations from sponsors as well as monies raised through various fundraising events. We host a variety of events that our families can be involved in throughout the pre-season as well as during the season. These include car washes, tagging, clothing drives, gift auctions, etc. We strongly urge each player/cheerleader to participate in one or more of the events. As stated earlier, parent participation in our fundraising efforts is one of the keys to the success of the organization.

- **Tagging:** Tagging is one of the best opportunities for PPYFC families to help support the program since it helps us raise a substantial amount of funding for the program each season. Each player/cheerleader is **required** to “tag” for one hour at a local business on a scheduled date and time within the current calendar year. Participants stand at the entrance to the business with a donation can and explain to patrons that they are seeking support for the PPYFC program. If patrons so wish, they can drop donations into the can. Tagging enhances camaraderie and team spirit and it is a good lesson for the players. Parents/Guardians with multiple children in the program are welcome to have their children tag together. However, only 2 children can tag at a time. Only those two children signed up for the hour will receive the credit for tagging. Any other child present will still have to complete their one hour of tagging at a different time. Those who do not wish to tag or are unable to complete this obligation will forfeit their tagging bond for each incomplete session per child and the **check will be cashed without notice** - NO EXCEPTIONS. Other specific tagging instructions and how to sign up for available dates will be communicated through email Parents/Guardians are responsible for any/all fees (from the PPYFC bank as well as the bank the check was drawn from) if any checks are returned.
- **Pirate Night - Dinner and Gift Auction Fundraiser:** Each year, the PPYFC will host Pirate Night, a dinner and gift auction. This event serves as a social gathering for adults only as well as a way to raise funds for the upcoming season. As part of the evening’s festivities, a 50/50 Raffle will be held. To supplement what is donated by businesses, all football and cheer teams will be asked to donate a basket for the auction. **Team Moms will collect donations from PPYFC families to create the basket.** More information will be emailed to parents as the season gets underway. Those who wish to donate items or who know of businesses that may be willing to donate merchandise or services are asked to contact the Director of Fundraising.
- **Corporate Sponsorship Opportunities:** As a non-profit organization, PPYFC is dependent

upon local businesses to provide support to our organization. If you or someone you know is interested in sponsoring the Pirates for the 2023 Season, please contact the Director of Fundraising for more information.

## **WORK BOND FULFILLMENT:**

Coaches rely heavily on parents to assist at home games. As such, in advance of each game, Team Moms will assign parents to perform various duties. Parents who do not complete their obligation will forfeit their work bond and the check will be cashed without notice. Parents/Guardians are responsible for any/all fees (from the PPYFC bank as well as the bank the check was drawn from) if any checks are returned. Below are examples of how you can fulfill your work bond.

Parents are required **to do 2 workbonds per season of the following per child** in order to fulfill their work bond:

- **Snack Stand:** Our snack stand is an important source of revenue. As a condition of your child's participation in the program, you must work a shift and we may assign a shift to you if you do not voluntarily sign up. Be sure to sign the parent participation sheet in the stand when you work. You must report 10 minutes before your shift begins and stay until the game has ended.
- **50/50's:** Will be held during each home game. One parent from the PPYFC team will be responsible for selling the 50/50 tickets to both the home and away side. Please report 10 minutes prior to game time.
- **Monitors:** Two parents from the PPYFC team are needed for every game. One will work on the home side and one will work the away side. This is to make sure all players on both teams have their minimum plays in. Please report 10 minutes prior to game time.
- **Chains:** Three parents from the PPYFC team will work the entire game. The "chains" consist of the down box marker and the two chain poles used to mark the yards. Please report 10 minutes prior to game time.
- **Spirit wear:** One parent from the PPYFC team will sell spirit wear at the spirit wear table near the snack stand for the entire game. Please report 10 minutes prior to game time.
- **Event Assistance:** PPYFC hosts a number of events throughout the year (Season Kick-Off Clam Bake, Pirate Night, Golf Outing, Casino Night, etc.) and participates in various community events as well (National Night Out, Summer Fest, Seafood Fest, Earth Day, etc.) Parents may be invited to assist at these events, or to help with the planning and preparation.

## **TACKLE FOOTBALL PROGRAM**

Football is a contact sport within which injuries may occur. To avoid injuries each player must wear all supplied equipment plus equipment supplied by their parent/guardian (football cleats and an athletic supporter and cup). After each practice and game please check all equipment to make sure it is in good working order. You are responsible for your child's issued equipment. If there is a problem, please tell your coach. Your equipment should be cleaned with non-abrasive cleaner. NO BLEACH. Parents may purchase arm pads, non-detachable rubber spikes and extra mouth pieces. It is advisable to purchase football shoes with rubber cleats only.

**Divisions of Play:** The Jersey Shore AYF divisions of play are as follows: Flag, 7U, 8U, 9U, 10U, 11U,

12U, and 14U. PPYFC strives to provide football for all levels of play. All players should be registered in the age appropriate division. In accordance with NJAYF rules, no player will be allowed to "play down" with an age division lower than the player's age. Players may "play up" only when:

- \* The player is evaluated by coaches and it is decided by the PPYFC board that the player is ready to play up in the older division.
- \* The result of a player playing up does not put their age-appropriate team at risk of meeting the league minimum roster number.
- \* A waiver form signed by the parent/guardian must be completed for any player not playing in their age appropriate division.

**Uniforms/Equipment:** Each player will receive: a helmet, chinstrap, pair of shoulder pads, rib guard and practice jersey. Game Jersey and Game Pants will be purchased through an additional fee upon Registration.

Do not alter or modify equipment in any way. The equipment must be returned at the end of the season. **PARENTS ARE RESPONSIBLE FOR ANY EQUIPMENT ABUSED OR NOT TURNED IN AT THE END OF THE SEASON.**

In order to receive equipment, each participant must have submitted **ALL** of their 2023 season registration forms and fees and all bond checks as specified in this handbook. In addition, parents must submit a signed cover page for the PPYFC Parent Information Packet indicating that they have read and understand PPYFC's expectations. The equipment bond check will be returned when all equipment is handed in at the end of the season.

**Please make sure all game jerseys are tucked in prior to arrival on game day.**

**Practices/Games:** Your child's coach will be calling or emailing with the practice location and time. The teams/squads **may** practice up to 10 hours/week (usually 2 hours a night) for the first 4 weeks. Starting with the 5<sup>th</sup> week practice is reduced to a **possible** eight hours/week. Practice sessions will have a 10 minute break each hour, not to be counted against practice time.

\* All tackle football players must complete ten (10) hours of non-contact conditioning. During this time, football players are not permitted to wear equipment other than helmets. (NJAYF)

\* Contact sessions, in which players may wear full equipment, begins after ten (10) hours of conditioning.

Most games are on Sundays. PPYFC home games will be played at the Point Pleasant Borough High School Junior Varsity or Varsity field. Coaches must be notified in advance should a player not be able to attend practice or participate in a game.

Please be prompt when picking up your child. Any questions or changes please ask your coach.

\* Have your child dressed and prepared no less than 10 minutes prior to practices and games.

**Attendance Policies:** During the month of August, participants shall be required to attend a minimum of 75% or thirty (30) hours of all practice sessions. During the regular season, if your child misses 33% or more of practices leading up to a game, they are ineligible to participate in

that game. Unexcused missed practices may result in the participant not being permitted to participate at the following game. Habitual unexcused tardiness will be treated as an unexcused absence. Missed practices will be considered excused for the following reasons only: religious obligation, medical w/ doctor's note, death in the family, or extenuating circumstances deemed by the Board of Directors, or the Director of Football.

## **FLAG FOOTBALL PROGRAM**

Flag football is a non-physical approach to the game of football. Instead of tackling an opponent, the player attempts to pull the flag attached to the belt of the opposing player that has the ball, thus causing a stoppage in play.

**Uniforms/Equipment:** Each player will receive: game jersey and flags. In order to receive equipment, each participant must have submitted **ALL** their 2023 season registration forms and fees and all bond checks as specified in this handbook. In addition, parents must submit a signed cover page for the PPYFC Parent Information Packet indicating that they have read and understand PPYFC's expectations. The equipment bond check will be returned when all equipment is handed in at the end of the season.

**Please make sure all game jerseys are tucked in prior to arrival on game day.**

**Practices/Games:** Your child's coach will be calling or emailing with the practice location and time. The teams/squads will practice two days per week. Typically, the flag games (both "home" and "away") will be played on Wednesday evenings at the Brick YFC fields (Brick YFC Mustangs and Brick YFC Dragons). However, **game days and locations are subject to change**. In years past, flag games have been played on different days of the week and in different locations, including Jackson and Wall. Your child's coach will notify parents with the game time and location in advance of each game. Coaches must be notified in advance should a player not be able to attend practice or participate in a game. Please be prompt when picking up your child. Any questions or changes please ask your coach.

**Attendance Policies:** There is NO attendance policy for Flag Football.

**Schedule Changes:** As much as we try to plan ahead and provide as much information as possible, some things are simply out of our control and are either changed due to weather, venue requirements and/or league guidance. We will do everything we can to communicate with all of the parents as soon as we are aware of any changes. We appreciate your understanding and cooperation when changes occur.

## **CHEERLEADING PROGRAM**

The Point Pleasant Youth Cheerleading program has been designed to teach girls the basics of cheerleading which includes: cheerleading chants, proper arm and body placement, jumps, stunting, tumbling, and dance, with a focus on a safe progression of skills. Cheerleaders will gain a high-level understanding of the game of football to ensure they have knowledge of the game for which they are cheering. The purpose of the cheering squads is to support the football squads and perform in competitions.

The Flag division is considered a training league and is not competitive. Therefore, they do not attend competitions, but they participate in an annual Flag Expo. The Expo is an opportunity to perform a cheer and a dance to demonstrate all that the team has learned in their season together.

## **Team Placement**

After the registration events are complete, the cheer program develops their teams and rosters for the season. Players are assigned to teams based on their age as of July 31<sup>st</sup> and the grade that they are entering in September. Tryouts are not conducted, therefore, ability is not a consideration during placement. Waivers to place a player on an older team will not be granted.

**Uniforms/Equipment:** Shell top and skirt. In order to receive a uniform, each participant must have submitted their 2023 season registration forms and fees and all bond checks as specified in this handbook. In addition, parents must submit a signed cover page for the PPYFC Parent Information Packet indicating that they have read and understand PPYFC's expectations. The uniform bond check will be returned when all attire is handed in at the end of the season. Also part of the uniform, but not provided by PPYFC, is body briefs, body liner, white socks, cheer sneakers and warm up jacket.

## **Practice and Clinics**

There will be Cheer Clinics prior to the start of the official season.

- The dates of the Clinics are to be determined.

## **Practice and Clinic Attire**

Please make sure your cheerleader wears their practice shirt (supplied by PPYFC), black shorts and cheer shoes to each and every practice. It is important to not have big baggy clothing on as it becomes a hazard when stunting. Cheer shoes are always a must, as they are most conducive to stunting and jumping.

There will be NO jewelry allowed during any practice, game or competition. If you wear jewelry, you will be asked to take it off.

Hair must be pulled back off of your child's face.

## **Practice Schedule**

- Practices will start the week of July 24th this season for all level teams. For the first two weeks, competitive teams practice Monday-Thursday evenings.
- Practices are at Nellie Bennett Elementary School on Riviera Parkway.

## **Competitive Team**

- After Labor Day, practices will be 2x a week. We will move indoors on cheer mats for practices.
- As we near competitions, it is possible that we will add additional practices to ensure the team is properly prepared. Please note, these practices may be held at another facility other than Nellie Bennett. In the past, in addition to Nellie Bennett, we have gone to World Cup (Freehold), the Atlantic Club (Wall) and the Wall Sports Complex. Some of these additional practices come with a small cost.

## **Flag Team**

- o Practices in the summer 1-2x a week.
- o After Labor Day, flag will practice 1X a week. We will move indoors on cheer mats for practices.

Dates and times of practice may need to be changed, especially once school begins. Changes may occur due to holidays and special events at school.

## **Practice Protocol and Attendance**

All practices are mandatory. Should you need to miss a practice, please notify your coach in advance of the practice. If your child cannot attend a practice, please complete Attachment B, Absentee Explanation Form, and turn it in to the coach before the date of the practice that will be missed.

### **If your child has more than three unexcused absences, they will be removed from the team.**

It is frowned upon to be late for practice. Each athlete is critical to the routine and it is preferred that they arrive on time.

It is required that a parent/guardian wait until a coach arrives at practice before dropping off the player. If someone else is picking up your child, please let us know upon drop off. Parents or guardians are NOT permitted to stay during practices. Please be prompt when picking up your child. If you have any questions, please contact a coach.

What Does Your Child Need for the First Day of Practice?

- Practice T-shirt (supplied by PPPYC)
- Black shorts
- Low white socks
- White cheer shoes
- Hair out of face
- Water bottle labeled with name
- Jewelry removed

## **Game Day Attire**

All cheerleaders must wear their assigned uniforms along with plain low white cheer socks and white cheer shoes with laces. Hair must be pulled back off your child's face and girls should be wearing the assigned bow. Please look out for communication regarding game day bow changes. NO JEWELRY ALLOWED EXCEPT IF IT IS A MEDICAL BRACELET. NAIL POLISH IS NOT PERMITTED.

## **Game Days**

- Teams cheer for our football teams.
- Competition teams have approximately 8 or 9 regular season games (4/5 are home, 4/5 are away). Games are typically on Sundays (though some may be Saturdays). · Home games are at Point Pleasant Borough High school field. Away games are in the southern Jersey Shore area.
- Flag home games are at Vets and away flag games may be in the southern Jersey Shore area. The flag games are generally during the week.
- If a competitive football team makes the playoffs (in November), cheer teams are required to cheer.

For locations of our away games please see the web page below:

<http://www.jsayf.org/GAME-LOCATIONS.html>

As much as we try to plan ahead and provide as much information as possible, some things are simply out of our control and are either changed due to weather, venue requirements and/or league guidance. We will do everything we can to communicate with all of the parents as soon

as we are aware of any changes. We rely on the SportsEngine app to share immediate changes. We appreciate your understanding and cooperation when changes occur.

### **Game Day Protocol and Attendance**

All Cheerleaders are required to cheer at all games. The only excusable absences are illness and family emergency. The teams will practice competition routines during the games, as well as stunting. Without our full team, we will not be able to practice thoroughly. During the games, when not cheering, the players are asked to focus their attention on the game at hand. It is frowned upon to be fooling around with other teammates. **Eating during games is not allowed.**

If your child cannot attend a game, please complete Attachment B, Absentee Explanation Form and turn it in to the coach before the date of the game that will be missed. Coaches must be notified in advance should a player not be able to attend a game.

As per AYFC rules, no parent or guardian step onto the field on game days UNLESS you have been background checked by our organization and/or have been issued a sideline pass – NO EXCEPTIONS

### **Flag Expo Schedule**

TBD

### **Flag Expo Attire**

The team will be responsible for wearing their game day uniform. It is possible that they may wear a different bow.

### **Competition Practice Attire**

Please make sure your cheerleader wears a T-shirt/tank and shorts with cheer shoes to each and every practice. It is important to not have big baggy clothing on as it becomes a hazard when stunting. Cheer shoes are always a must as they are most conducive to stunting and jumping.

### **Competition Schedule**

- Sectionals: Saturday approx. 3<sup>rd</sup> week in October (Trenton, NJ)
- Big East Regionals: Saturday approx. 3<sup>rd</sup> week in November (Trenton, NJ)
- Nationals: 1<sup>st</sup> week in December Thu – Sun (Lakeland, Florida)

### **Competition Logistics**

For all of the competitions the girls will be required to wear their hair in a certain style and have on specific make-up. There will be instructions and demonstrations provided on how the player is supposed to look the day of competition.

If a cheer team qualifies at Regionals, the team will move onto the Florida competition (Nationals). Information will be sent prior to competition with details regarding national competition. A meeting will be held to discuss information.

Cheerleaders MUST stay in AYFC approved hotels. Parents and cheerleaders are strongly encouraged to stay together in the same hotel. At this meeting, all reservations must be made



by the Director of Cheer and Coordinator of Cheer using a code provided by AYFC following the November competition.

One parent/guardian must accompany their cheerleader to Florida. Required dates/time for all activities relating to competition will be provided as soon as they are available i.e. check-in times, practice and performance times, etc. Many of these require the entire team to be present at a specific location and time in order to partake in the activity. Any missing/late participants can cause the entire team to be disqualified.

Spending time at amusement parks is allowed when cheerleaders are not required to be with their team. There will be a cheer and football party at Universal Studios. They will receive a discounted rate for the Universal ticket. Attendance at this event is not mandatory.

### **Competition Expenses**

Parents are responsible to pay all Florida expenses up front, and there is no guarantee of any reimbursement for this trip. By signing your child up for this program, you are agreeing to this in advance. All team members **MUST** participate in order for the team to compete. Parents must keep track of all hotel and airfare receipts from the trip. The PPYFC Board of Directors will determine the amount of reimbursement, if any, per participant. Parent and sibling expenses are not subject to reimbursement. Reimbursement, if any, will not be determined until after the trip and all expenses are submitted and all fundraising activities are reconciled.

All parents and cheerleaders will need to fundraise in order to be reimbursed. Fundraising for competition cannot begin until placement at Regionals. This fundraising is in addition to regular season tagging requirements. Competition fundraising does not count toward your work or tagging bond obligations as a regular season participant in the program. Please note, we call upon the entire Pirate Community, including football families, to assist in these fundraising initiatives.

### **SCHOLASTICS**

The Jersey Shore American Youth Football and Cheer League require us to participate in the Regional and National Scholastic Program. Therefore, we request 2 copies of your child's final report card for the 2022-2023 school year (displaying all four marking periods).

Academics are an important component of the AYF/AYC program. All players and cheerleaders, grades 5 through 8, with an average of 98% (or higher) are considered for recognition in the Academic Achievement Alliance. All applicants are recognized with a certificate. Exceptional students can earn scholarships ranging from \$500.00-\$2,000.00. Applications must be completed and returned to the Scholastics Commissioner, Courtney Hogan, who will provide applications to those meeting the 98% minimum average. Please contact Courtney with any questions. Please have your child's report card to your respective Team Mom before the 2023 season begins.

**PPYFC GENERAL MEMBERSHIP MEETING SCHEDULE** All General Membership meetings will be held at the VFW Post #4715 (603 St. Louis Avenue, Point Pleasant Beach, NJ 08742). Notices about upcoming meetings will be emailed to the members. 2023 General Membership Meeting Dates are March 22nd, 2023 and October 25th, 2023 at 7PM.

## CONTACT INFORMATION

Email: [ptpleasantyfc@gmail.com](mailto:ptpleasantyfc@gmail.com)

Mailing Address: PPYFC, PO Box 881, Point Pleasant, NJ 08742

Website: [www.pointpleasantyfc.com](http://www.pointpleasantyfc.com)

Facebook: Point Pleasant Youth Football and Cheer

Instagram: Point Pleasant Youth Football and Cheer

For PPYFC dates and deadlines, see the calendar on our website. You can also find forms, contact information, and details about fundraising and social events on the website.

If you haven't already done so, please LIKE the Point Pleasant Youth Football and Cheer page on Facebook and request to join the Point Pleasant Pirates Youth Football and Cheer Group Page. This is where you will find the most up-to-date information on the 2023 season, as well as photos and announcements about upcoming events and workshops. Cheer families can also join the Point Pleasant Pirates Cheer group for important, up-to-date information specific to the Cheer program. In addition, most of the football teams have dedicated Facebook Groups to keep parents informed.

Keep Friends and Family Informed: If you know someone (spouse, grandparent, step-parent, child, cousin, neighbor, etc.) who would like to keep up on all that is happening with the Pirates, they can sign up for our email list by emailing us at [ptpleasantyfc@gmail.com](mailto:ptpleasantyfc@gmail.com)

We look forward to an awesome 2023 Season with you all, The PPPYFC BOD.

### Board of Directors & Trustees 2023

2022 Title:	Name:	Phone Number:	Email:
<b>Board of Directors</b>			
President	Eric Mauro	908-910-7029	<a href="mailto:ericmauro03@gmail.com">ericmauro03@gmail.com</a>
Vice President	Kevin Williams	732-684-6336	<a href="mailto:kwilliams1640@yahoo.com">kwilliams1640@yahoo.com</a>
Treasurer	Danielle Maslag	732-668-2065	<a href="mailto:dmaslag1@gmail.com">dmaslag1@gmail.com</a>
Secretary	Lenora Fastuca	917-886-7501	<a href="mailto:lenwil325@gmail.com">lenwil325@gmail.com</a>
Director of Cheer	Alicia Rollano	848-459-6818	<a href="mailto:alicia.rollano@gmail.com">alicia.rollano@gmail.com</a>
Cheer Coordinator	Shannon Rossi	973-632-8933	<a href="mailto:srossi.pirates@gmail.com">srossi.pirates@gmail.com</a>
Cheer Advisor	Nikki Valdata	732-421-6394	<a href="mailto:nikkirose02@yahoo.com">nikkirose02@yahoo.com</a>